

MAY, 2024

Newsletter



**NEW THIS MONTH ANGEL ORACLE
CARD READINGS**



EXPERIENCE DIVINE GUIDANCE

20-Minute Angel Oracle Card Reading for \$30. Whether you seek guidance on relationships, career decisions, or simply wish to deepen your spiritual connection, this session offers a powerful opportunity to tap into the wisdom of the heavens.

EXPECT

Clarity & Confirmation

Empowerment & Healing

Divine Connection

<https://calendly.com/higherselfcoachingcenter/mes-sages-from-angels-guides-intuitive-card-readings>

**SUNDAY NIGHT FREE LIVE
READINGS ON FACEBOOK**

Join me for a live Angel Oracle Card Reading on Facebook

<https://www.facebook.com/laurieselflearning>

Higher Self Learning & Coaching Services

laurie@higherselfcoachingcenter.com



Laurie Baldwin
PERSONAL DEVELOPMENT COACH
& SPIRITUAL GUIDE



THE DARK NIGHT'S JOURNEY FROM SHADOW TO LIGHT ONLINE COURSE

- ✓ **MODULE 1** - UNVEILING SHADOWS & CHAKRA AWAKENING
- ✓ **MODULE 2** - SOUL ALCHEMY & THE SHAMANIC REALMS
- ✓ **MODULE 3** - SYMBOLOGY UNVEILED: THE HIDDEN LANGUAGE OF IMAGERY & SYMBOLISM
- ✓ **MODULE 4** - SHAMANIC KLEIDOSCOPE: EXPLORING ARCHETYPAL FACETS & CRAFTING SOULS MANDALA

www.higherselfcoachingcenter.com



**PERSONAL DEVELOPMENT COACH
& SPIRITUAL GUIDE**

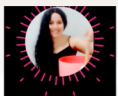


1:1 GUIDANCE COACHING SESSIONS \$99

Experience personalized guidance & coaching tailored to your unique journey. Whether you're seeking clarity, healing, or transformation, I offer compassionate support to help you navigate through life's challenges.

- ✓ MANAGING STRESS & ANXIETY
- ✓ EMOTIONAL HEALING
- ✓ RELATIONSHIP ISSUES

Find a deeper connection with yourself and others, overcome self-doubt, being overwhelmed with stress & anxiety, and overcome fear-based thought patterns. Book an appointment.



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THE BENEFITS OF EMOTIONAL HEALING

Emotional healing offers a wide range of benefits that can positively impact various aspects of your life. Some of the key benefits include:

- **Improved Mental Health:** Emotional healing can lead to reduced symptoms of anxiety, depression, and other mental health issues, promoting a greater sense of well-being.
- **Enhanced Relationships:** Healing emotional wounds can improve communication, empathy, and connection in relationships, leading to healthier and more fulfilling interactions with others.
- **Increased Self-Awareness:** Emotional healing allows you to understand your thoughts, feelings, and behaviors more deeply, leading to greater self-awareness and personal growth.
- **Better Stress Management:** Healing emotional wounds can help you develop healthier coping mechanisms, reducing stress and enhancing resilience.
- **Boosted Self-Esteem:** Emotional healing can help you let go of self-doubt and negative self-talk, leading to increased self-confidence and self-worth.
- **Greater Life Satisfaction:** By addressing and healing emotional wounds, you can experience a greater sense of satisfaction and fulfillment in life.

MONTHLY TIPS FOR SELF- AWARENESS

STAY ON THE LOOKOUT FOR MONTHLY TIPS

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